



Visit Spadirect's
One Sparetreat
locations

www.onesparetreat.com

Spadirect GIFT CARDS

The perfect gift for all of your business
and personal gift giving needs!

Ask about our Corporate Gift Card Program!

getSpainspired

Create Your Own Spabliss Choose any of the following
three spa treatments for **\$185** • Spa Pedicure • 30min Massage
• Mini Spa Facial • Botanical Scalp Treatment

A Moment For Yourself Choose any of the following two
spa treatments for **\$220** • 60min Massage • Specialized Facial • Body
Polish with Scalp Massage • Spa Manicure and Spa Pedicure

Spa Inspiration Experience instant calm as we nurture the
two most overused parts of your body; your head and your feet.
Enjoy an invigorating foot and leg scrub, with a 40min aromatherapy
foot and leg massage. End your experience with a 40min
face, neck, head and scalp massage. A perfect way to end your
day! **90min \$185**

Reserve Your Spadirect Experience Today!

Call 905.848.5464 Toll Free 1.877.772.3977
reservations@spa-direct.com

Hours Monday to Sunday 9am - 10pm
Extended hours available; surcharge will apply

www.thespathatcomestoyou.com

Additional parking charges may apply. Additional surcharge for any services outside regular operating hours. All Spadirect services are strictly therapeutic and professional. A minimum charge of \$50 for guest room visits and \$150 for home or office visits. Taxes and gratuities not included. Prices are subject to change without notice.

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MASSAGE THERAPY All massages are provided by
your choice of a **Registered Massage Therapist** or
Certified Spa Therapist that specialize in various
professional and therapeutic massage therapies.

Certified Spa Therapist fees
30min/\$65 60min/\$110 90min/\$165 120min/\$210
Registered Massage Therapist fees
30min/\$75 60min/\$125 90min/\$175 120min/\$235



Discover a new way to ENERGIZE, REFRESH & REJUVENATE YOUR MIND AND BODY

Aromatherapy A soothing and soulful retreat that will pamper your
senses. A relaxing massage with a delicate blend of essential oils
will calm and uplift the mind, body and spirit 60min 90min 120min

Swedish A traditional massage technique that uses a combination
of movements to ease sore muscles, release tension and improve
overall circulation thus leaving you rejuvenated and refreshed
30min 60min 90min 120min

Shiatsu Shiatsu is a Japanese healing art based on ancient
Chinese medical practices utilizing gentle or deep manual accu-
pressure points 75min \$150

Sports Deep tissue massage techniques used to increase circula-
tion and ease tight, tense muscles. Excellent after a strenuous work-
out! Provided only by an RMT 30min 60min

Pregnancy This massage is designed specifically for the pregnant
woman whom is in need of relaxation which minimizes the physical
ailments common to pregnancy 60min

Couples Pamper your relationship and enjoy side-by-side mas-
sages of your choice 60min 90min 120min per person

Hot Stone This treatment utilizes hot basalt stones and aromatic oils
that glide along the body, utilizing unique movements to massage
out tension and stress in the muscles 75min \$160

Chair Massage Experience instant rejuvenation! When you are short on time,
but need a quick moment for yourself or why not invite your own "Spacaddy" into
your meeting! \$2/min (15minute minimum) On-site chair massage available for
groups, events and office visits. Group rates available.

Spadirect PRESCRIPTIVE CARE is designed
to help correct those aching matters, **relieve stress**
and turn back the hands of time. Prescriptive Care
Therapies focus on your physical ailments to
minimize discomfort and **increase longevity.**
Spadirect's team of professionals will provide an
integration of therapies that address the skin, body
and psyche, emphasizing on **Total Body-Wellness.**



Tension Headache includes a Spadirect welcome massage; Warm
therapeutic heat pack for the head, neck and shoulders;
Aromatherapy massage for the hands, feet and calves;
Acupressure facial; Head, neck and shoulder massage to promote
blood flow and ease tension; Finished with a cooling and soothing
aromatic face pack 90min \$185

Tired Aching Body includes a Spadirect welcome massage; A
soothing blend of essential oils prepared for you; Deep tissue mas-
sage for the back, neck, shoulders and legs; Reflexology for the
hands and feet; Cooling camphor wrap for sore joints, hands and
feet to reduce stiffness and inflammation; Finished with a relaxing
scalp massage 90min \$185

Stressful Day includes Spadirect welcome massage; A relaxing
blend of essential oils created to soothe away that stressful day;
Therapeutic massage to relax your body and calm your mind;
Warm, hydrating and rejuvenating facial mask; Finished with an
acupuncture scalp treatment 90min \$185

Anti Aging - For Your Body includes Spadirect's specialized body
therapy treatment to firm, regenerate and restore youthfulness to
your body; Botanical body polish; Body contouring treatment to
improve skin tone and texture; A blend of detoxifying and replen-
ishing essential oils for lymphatic body massage 120min \$225



Spadirect®
thespathatcomestoyou.com

Indulge in our **Signature Spa Collection** from a wealth of today's healing cultural therapies from around the world. Holistic experiences that rejuvenate and **de-stress your mind, body and uplift your spiritual senses**. Discover personal joy and instant calm with any of our spa experiences and create your very own "soulful retreat".

"Discovering a balance within your mind, body and spirit will awaken your senses and inspire a new beginning." - Spadirect ... Enhancing the Well-being of One's Self



Spadirect, the spa that comes to you, is the first and largest mobile and day spa destination. We specialize in **spa, esthetic and wellness care therapies in the comfort and convenience of your personal surroundings.**

- Spa Events
- On-site Massage
- Golf Tournaments
- Tradeshow Spa stoppers
- Spa Parties
- Incentives
- Gifts
- Spabrides.com
- Spamommy.com
- getSpainspired.com

Ask about our Unique experiences

HAND AND FOOT CARE

Spa Manicure Relaxing Aromatic Cuticle and Nail Soak; Cuticle Trim and Repair; Customized Nail Shaping; Nail Strengthening Treatment; Soothing Hand and Arm Massage 45min \$55

Spa Pedicure Soothing Aromatic Foot Soak; Callous Removal; Manicure Toe Nails; Relaxing Foot and Leg Massage; Polish of choice 60min \$65

French Polish add Hands \$10 Feet \$15

Polish Change Hands \$20 Feet \$25

Botanical Scrub Hands \$20 Feet \$35

Algae Wrap Soothing treatment for... Hands \$25 Feet \$35

Anti-Age Hand Therapy This treatment will renew the skin tissue, fade brown spots and minimize the signs of aging 30min \$55

Reflexology Acupressure points in your feet will trigger and correspond with areas in the body to heal, enlighten and provide you with a relaxing physical and mental state 30min \$60 60min \$95

HAIR CARE AND MAKE-UP

Blow Dry and Style Long \$90 Medium and Short \$75

Updo \$90 **Bridal Hair** from \$95 **Makeup** \$75 **Bridal Makeup** \$85

Head Massage Discover a state of true relaxation as we massage away the stress of your day 60min \$85

Mini Head Massage Perfect to add to any massage experience 25min \$45

Aromatherapy Hot Oil Treatment To invigorate, nourish and detoxify your hair and scalp. A blend of warm oils creates the ultimate in healthy hair care. A blend of peppermint, rosemary, lavender and olive oil for your hair and wellness needs 30min \$65

SKIN CARE The Spadirect Skin Care experience gives your skin **new life** and all of the necessary ingredients to be the healthiest it can be. Your skin is **nourished** with ingredients **designed for optimal clinical results.**

Specialized Facial A customized facial prescribed just for your skin type 60min \$105

Mini Spa Facial 30min \$65

Vitamin C Skin Therapy The highest quality of Vitamin C is utilized to hydrate and restore while visibly reducing the signs of aging 80min \$115

Anti-Age Repair Collagen therapy is used to repair, restore and renew your skin's tissue. This treatment instantly softens lines and wrinkles and give your skin a radiant glow 90min \$165

Contouring Eye Treatment A specialized blend of plant and herbal extracts are used to soothe, calm and minimize dark circles and firm the delicate tissue around the eyes 30min \$60

Anti Aging - For Your Skin includes Spadirect's specialized skin therapy treatment to restore, repair and revitalize the skin; Specialized anti-aging care for the eyes and neck; Head, neck and shoulder massage; Vitamin C or Collagen mask; Anti-aging treatment for your hands; Finished with a replenishing hair and scalp treatment 120min \$225

Spa Soleil - For the Face Experience the radiant glow of the sun on your skin with a sunless tan. Includes: Aromatic Enzyme Facial Scrub; Hydrating Face, Neck and Shoulder Massage; Sunless Tanning Treatment for the face and neck \$60
Ask about Spa Soleil For the Body

BODY THERAPY Spadirect's ultimate collection of body care treatments are designed to **reduce stress** and help **restore youthfulness** to your body. Our collection of body therapies have been carefully formulated to meet all the demanding needs of our bodies today. **Escape and Experience the Ultimate in Body Care.**

Seascape Body Treatment The ultimate in therapeutic care this treatment will remineralize the body, improve skin tone, relax the muscles and soothe the mind. Includes: Botanical Body Polish, Detoxifying and Calming Mineral Body mask and 60 minute Relaxing Aromatherapy Body Massage 120min \$255

Body Facial This intensely hydrating treatment leaves the skin feeling velvety smooth. Includes: Exfoliating Enzyme Body Scrub and Aromatherapy Body Massage 90min \$175

Body Polish An exfoliating treatment to provide your skin with a vibrant, healthy glow. Includes: Moisture Massage 30min \$75

Nirvana Discover the 4-handed massage experience, the ultimate pampering retreat for one. The massage work is done by two spa therapists uniting their energies and hands on technique, using synchronized movement, rhythm and pressures to take your mind and body into a state of complete tranquility 75min \$285

HAIR REMOVAL

For the Face and For the Body Hair Removal services are available upon request